

Holland ISD

Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 2 MEXI EGGS Apple Cinnamon Cheer Cinnamon Toast Crunc Wheat Toast Orange-Pineapple Juic Fruit Juice Vanilla Milk Milk 1% Strawberry Chocolate Milk MILK,1% Lowfat JELLY	Nov - 3 Blue Berry Muffins Berry Berry Kix Cereal RTE-Lucky Cha Cocoa Puffs cereal Wheat Toast Grape Juice Orange Juice Chocolate Milk Milk 1% Strawberry Vanilla Milk MILK,1% Lowfat JELLY ORANGES Sausage Patty	Nov - 4 FRENCH TOAST STI HAM SLICE Cookie Crisp Cereal Total Rasin Bran Cere Wheat Toast Apple Juice Grape Juice ORANGES Milk 1% Strawberry Chocolate Milk MILK,1% Lowfat JELLY Syrup Cup	Nov - 5 BISCUITS Sausage Patty Cinnamon Toast Crunc Frosted Corn Flakes Wheat Toast Apple-Cherry Juice Orange Juice Vanilla Milk Milk 1% Strawberry Chocolate Milk MILK,1% Lowfat JELLY	Nov - 6 CHEESE TOAST Trix Cookie Crisp Cereal Cocoa Puffs cereal Wheat Toast Apple Juice Grape Juice Milk 1% Strawberry Chocolate Milk MILK,1% Lowfat JELLY
Nov - 9 BREAKFAST BURRIT Wheat Toast Honey Nut Cheerios Cookie Crisp Cereal Orange-Pineapple Juic Grape Juice BANANAS Vanilla Milk MILK,1% Lowfat Chocolate Milk Milk 1% Strawberry Picante Sauce- Packet JELLY	Nov - 10 SAUSAGE BRESKFK Resse's Puffs Cereal Golden Grahams Cere Wheat Toast Apple Juice Orange Juice Vanilla Milk Chocolate Milk MILK,1% Lowfat JELLY	Nov - 11 WAFFLES Sausage Patty Cookie Crisp Cereal Trix Wheat Toast Fruit Juice Grape Juice Chocolate Milk Milk 1% Strawberry MILK,1% Lowfat Syrup Cup JELLY	Nov - 12 Blue Berry Muffins Cereal RTE-Lucky Cha Apple Cinnamon Cheer Wheat Toast Apple-Cherry Juice Grape Juice Vanilla Milk Milk 1% Strawberry Chocolate Milk MILK,1% Lowfat JELLY	Nov - 13 Wheat Toast Cookie Crisp Cereal Resse's Puffs Cereal Cinnamon Toast Crunc Apple Cinnamon Cheer Apple Juice Orange Juice Vanilla Milk Milk 1% Strawberry Chocolate Milk MILK,1% Lowfat JELLY
Nov - 16 Scrambled eggs SAUSAGE ROLL Resse's Puffs Cereal Golden Grahams Cere Wheat Toast Apple Juice Fruit Juice ORANGES Vanilla Milk Milk 1% Strawberry Chocolate Milk MILK,1% Lowfat JELLY	Nov - 17 OATMEAL Apple Cinnamon Cheer Cinnamon Toast Crunc Cocoa Puffs cereal Wheat Toast Apple Juice Grape Juice Vanilla Milk Milk 1% Strawberry Chocolate Milk MILK,1% Lowfat JELLY	Nov - 18 Banana Nut Muffin Cinnamon Toast Crunc Resse's Puffs Cereal Cereal RTE-Lucky Cha Wheat Toast Apple Juice Orange Juice APPLES,Fresh Vanilla Milk Milk 1% Strawberry Chocolate Milk MILK,1% Lowfat JELLY	Nov - 19 BISCUITS Sausage Patty Cinnamon Toast Crunc Berry Berry Kix Cocoa Puffs cereal TOAST,WHOLE-WHE BANANAS Apple Juice Orange Juice Vanilla Milk Milk 1% Strawberry Chocolate Milk MILK,1% Lowfat JELLY	Nov - 20 FRENCH TOAST STI HAM SLICE Cookie Crisp Cereal Total Rasin Bran Cere Wheat Toast Apple Juice Grape Juice ORANGES Milk 1% Strawberry Chocolate Milk MILK,1% Lowfat JELLY Syrup Cup
Nov - 23 BREAKFAST BURRIT Wheat Toast Honey Nut Cheerios Cookie Crisp Cereal Orange-Pineapple Juic Grape Juice BANANAS Vanilla Milk MILK,1% Lowfat Chocolate Milk Milk 1% Strawberry Picante Sauce- Packet JELLY	Nov - 24 WAFFLES Sausage Patty Cookie Crisp Cereal Trix Wheat Toast Fruit Juice Grape Juice Chocolate Milk Milk 1% Strawberry MILK,1% Lowfat Syrup Cup JELLY	Nov - 25	Nov - 26	Nov - 27

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 30 BREAKFAST BURRIT Wheat Toast Honey Nut Cheerios Cookie Crisp Cereal Orange-Pineapple Juic Grape Juice BANANAS Vanilla Milk MILK, 1% Lowfat Chocolate Milk Milk 1% Strawberry Picante Sauce- Packet JELLY				

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